



Berkshire, Oxfordshire & Buckinghamshire Inclusive League

Tournament Rules

The tournament follows the Laws of the Game (LOTG) adopted by the FA, and the following are amended for the tournament.

1. A game will be played with **NO** halftimes, and the fixture programme will indicate the time per match.
2. The **first-named** team will have a kick-off and supply the match ball.
3. All balls out of play from the sidelines will be taken by **rolling the ball in underarm**.
4. All opposing players must be **2 metres** from free kicks or roll-ins.
5. A goal **cannot** be scored directly from a roll-in.
6. Players **may** enter the penalty area, and goalkeepers can come out of the penalty area.
7. Goal Kicks will be taken from the touchline.
8. The ball **can** go over head height, and this includes kicks from the goalkeeper's hands.
9. All free kicks are **direct**.
10. There are **no** offsides.
11. The goalkeeper **cannot** pick up a ball from a deliberate back pass
12. Players are **NOT** allowed to slide tackle.
13. Goalkeepers **cannot** slide tackle when defending the goal, if they do, it will be an IDK from the edge of the penalty box if the foul occurred in the penalty area.
14. **NO** spectators are allowed on the 3G/Astro at any time.
15. **NO** parents are allowed to stand behind the goal.
16. **3 second Inclusion Period** - In the spirit of promoting inclusivity and ensuring that all players in the youth section have the opportunity to participate fully, an Inclusion Period of three seconds may be granted to specific players who require it. This period begins when the ball falls within their immediate proximity (>1m) and the referee declares 'three seconds'. This will allow the player(s) to engage in the game without being challenged by opponents who must remain 2m away from the player. If an opposing player breaches the 2m space within three seconds an indirect free kick shall be awarded. Prior to the start of the match a coach must inform the referee of the player(s) who require the inclusion period.
17. **Respect the referees**. As the first step in the player discipline procedure, a player found not adhering to this rule will be instructed to be substituted by the referee.
18. The **BLUE** card "SIN BIN" system is in place as a second step in the player discipline procedure. Players who receive a **BLUE** card will leave the field of play for the remainder of the game.
19. As a third step in the player discipline procedure, players receiving two **BLUE** cards in one BOBi event will not be allowed to play for the rest of that day. The player and club will be reported to the BOBi league committee for potential further sanctioning.
20. Teams must have a named qualified coach present on the side of the pitch for all games

21. **Power Play** - If a team is losing by 4 goals, they can add an extra player until the goal difference falls below 4. For example:



22. **Division Structure:**

League	Format	Ball Size
Premiership (16+*)	7 v 7	5
Championship (16+*)	7 v 7	5
League 1 (16+*)	7 v 7	5
League 2 (16+*)	7 v 7	5
Conference (16+*)	7 v 7	5
U16 (12-15*)	7 v 7	5
U14 (10-13*)	6 v 6	4
U12 (8-11*)	5 v 5	3

*Age as of 1st September 2023